

2019 Convention Workshop Information

Workshop titles and descriptions are included. If you are an active teacher and wish to receive Act 48 hours, please indicate this on the registration form. Further information will be given to you when you register at the convention.

MORNING WORKSHOPS

Jane Tanner, DKG International Guest

“Building Confidence with the New Dues Processing Procedure”

Learn more about the new dues processing procedure beginning with the 2019-2020 fiscal year. Become familiar with the electronic process that will compute all mathematical calculations to lighten the work for both chapter and state organization treasurers. Open to all, but most beneficial for chapter treasurers.

Diana Borowski, Alpha Sigma Education

“CommonLit Digital in the Secondary Classroom”

CommonLit.org is a free digital resource, designed to raise student achievement in reading and writing. This workshop will demonstrate how to incorporate CommonLit into the Middle or High school classroom.

Becky Johnen, Alpha Beta Education-Health & Wellness

“Taking things in Stride”

Do you get overwhelmed at times with everything going on in your life? Does this lead to worrying about things, especially those out of your control? Do you tend to overreact? Hold on to something too tightly? If so, this presentation which will explore eight advantages of taking things in stride and give you practical strategies and exercises to help you keep the little things from taking over your life will be of help to you.

Faith Jack, Alpha Xi Education- Genealogy

“What I learned from my Mother’s Roller Skate Case”

A case study in genealogy spurred by family memorabilia leads to the DAR and possibly the Mayflower Society among the family skeletons. Resources for researching your genealogy will be discussed.

Melissa Flynn, Alpha Beta Enrichment, Health & Wellness

“Meditation and Yoga for Clarity, Peace and Balance”

It’s a joy to collect ourselves as we develop mindfulness. Learn about the practices of yoga and meditation as tools leading to clarity of mind and a stable inner presence.

Judith Schaeffer, Alpha Upsilon Gardening

“Straw Bale Gardening”

Learn about a new system of gardening based on using straw bales which can be done anywhere outside. No digging in the dirt. Perfect for small areas or porches. Become an urban gardener in 2019.

AFTERNOON WORKSHOPS

Jane Tanner, DKG International Guest

DKG Round Table, “What’s On Your Mind?”

Join your DKG International Society Representative for an informal round table discussion of Society topics that interest you. This opportunity is open to all members, and will especially benefit chapter officers.

Susan Allen, Chi Education

“Breaking Out! An Escape Room in the Classroom”

This workshop will introduce you to Breakout EDU, Escape rooms in the classroom. Come experience a breakout game based on your DKG knowledge. Every member of the team will need to work collaboratively to breakout!

Dr. Stacie Molnar-Main, Nu Education

“Teaching with Deliberation”

How can teachers model effective civic learning and engagement, especially on issues that are important to society but are difficult to talk about? In this workshop, participants will experience “public deliberation,” a civic and classroom practice that offers a productive way to frame discussions to support productive discourse on a range of issue. Teachers have used deliberation to teach about contemporary issues, like the immigration or the national debt; to engage students in historical perspective-taking by teaching historic decisions; and to teach enduring questions in literature by linking literary study to contemporary dilemmas. Importantly, deliberation offers an approach to social and civic engagement that teachers can use in their daily lives to build relationships and find common ground with co-workers, family members and neighbors.

Cindy G. Reynolds, Beta Rho Enrichment Grant, Art

“Watercolor Painting in Maine Through an Enrichment Grant:

So are you thinking about applying for an Enrichment Grant. Cindy will share her experience as a recipient for her week-long watercolor painting trip to Owls Head, Maine. She will also give tips and suggestions for completing and submitting the application. This workshop will convince you to apply!

Dr. Marjorie Paradise, Chi Education- Health & Wellness

“Grief and Mourning. Will I survive and thrive?”

We all experience loss. The impact of the loss and our responses shape our future. Learn how to acknowledge, express, reflect and cope with such heartaches by using healthy strategies. The presenter has experienced many life losses, including the sudden death of her daughter, Liz in 2015. Through her personal and professional experience, you will hear and learn how to carry the load of grief through life.

Marianne T. Bartley ED.D, Nu Education- Health & Wellness

“ Let food be thy Medicine, and Medicine be thy food” (attributed to Hippocrates)

We’ve all heard it. “Self Care” is more important than ever with it comes to “Health Care.” In this workshop we will identify and discuss the importance of antioxidant foods, healthful fats and staying health and aging gracefully.