



The Keystonian

The Delta Kappa Gamma Society International - Key Women Educators

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From **"Possibilities"** to **"REALITIES"**

*Alpha Alpha State Convention and Executive Board Meetings
June 6-8, 2003, Harrisburg, Pennsylvania*



Jean Gray, International President, To Keynote State Celebration Luncheon

Jean Gray, Maryland, the 2002-2004 International President, will deliver the keynote address at the Alpha Alpha State Celebration Luncheon on June 7, 2003 at the Harrisburg-Hershey Marriott, Harrisburg, PA. She will be the guest of the Society for the weekend sessions.

Jean was initiated into Delta Kappa Gamma as a charter member of Maryland's Omega Chapter in 1973. She has held many offices and chaired a variety of committees. A Golden Gift Leadership/Management recipient, Jean has given extensive service to the Society. Her experiences include: 1998 international first vice president, a member of the Educational Foundation Board of Trustees, Administrative Board, the International Speakers Fund Committee and Constitution Committee chairman. She also served on the 1986-1988 International Leadership Development and 1990-1992 World Fellowships Committees. Other offices

included Maryland president and northeast regional director. Her distinguished service to the Society earned her the International Achievement Award in 2001.

Jean received a bachelor's degree from Howard University, Washington, D.C. and a master's degree from Johns Hopkins University, Baltimore, Maryland. A mathematics educator, she has chaired her high school mathematics department and served as a curriculum development specialist.

She is active in her community serving the Association of Community Volunteers, Hospice and Mt. Olive A.M.E. Church/Glenmont U.M. Church. Her strong spiritual qualities make her a powerful motivational and inspirational speaker.

Pennsylvania is honored to have this opportunity to welcome Jean Gray to the Keystone State and to benefit from the expertise of our international president.

Convention at a Glance . . .

Friday, June 6	Saturday June 7	Sunday June 8
Book donations	Executive Board	Celebration of Life
	1st General Session	
Light Workshops	Info Fair	Honors Breakfast
	Birthday Luncheon	
Song Fest	Keynote Address	Scholarship Awards
	Workshops	
First-Timers meet	Founders Banquet	2 nd General Session

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Alpha Alpha State
Officers 2001-2003

Alpha Alpha State President's Message



By Louise Garverick



"Dreams pass into the reality of action. From the action stems the dream again; and this interdependence produces the highest form of living."

- Anias Nin (1903-1977)

In my first *Keystoneian* message, I talked about transitions and traditions. Each new biennium has faced the task of picking up the beat from the previous biennium and continuing the "forward moving ever" momentum. Your Executive Committee has enthusiastically met that imposing task.

This biennium has presented a number of challenges to our membership. Working as a team, state officers and committees have attempted to pioneer changes as dictated by new standing rules, new Societal events, and continued educational issues. Possible solutions have been offered for some, while others are in the think / re-think stages. In all cases, innovation has been the driving force, with a mindful eye on reality.

Chapter presidents report that gaining and retaining members has been their major challenge. Pro-active approaches across the state resulted in a 33% growth in our numbers last year. More importantly, most chapters are now realizing rejuvenation in spirit, fresh ideas in their programming, and a renewed sense of educational leadership. Continued recruitment and care for established values will keep Pennsylvania members at the forefront of this issue.

Promoting $\Delta K \Gamma$ experiences for members beyond the local chapter level has shown increased numbers participating at Area Conferences and at State Convention. Many first-timers to these events have commented that they enjoyed the experiences, met and networked with incredible women, and now have a better understanding of our exemplary Society. Continued growth in participation is an ever-present challenge with exciting prospects for our up-coming events.

As spring approaches I am becoming more and more aware of the Reality that this brief two-year period in Alpha Alpha State's history is drawing to a close. A new biennium is quickly approaching. New officers and committee chairmen will assess current trends and plan for future innovations. The cycle goes on.

I encourage you to think about volunteering to serve on a state committee. The experience will be rewarding and you'll have input toward planning Society events at the state level.

Congratulations to our current officers and committee chairmen who have provided excellence in leadership. Their dedication is commendable and greatly appreciated.

My sincere thank you for your support and for giving me this opportunity to serve our Society. Serving as your state president has been both an honor and an awesome responsibility.

State to Induct Honorary Members

by Dr. Lyn B. Schmid, State Membership Chairman

Mary V. Leftridge Byrd



Mary V. Leftridge Byrd serves with the PA Department of Corrections as superintendent of the State Correctional Institution in Chester, PA. This is a 1,200 bed correctional institution for men, which provides an institution-wide Therapeutic Community followed by aftercare.

SCI-Chester is one of two state correctional institutions in the nation with this unique mission.

At the 2002 Alpha Alpha State Convention in State College, PA, Ms. Byrd held the Saturday evening delegates spellbound with her address, *Leadership, Lessons, Legacy*, in which she discussed her life's path with humor and pathos. She has served as a presenter at many local, statewide, and national conferences and symposia, some of which are the American Correctional Association, Young Women's Christian Association, National Association of Blacks in Criminal Justice, and the Maryland and Pennsylvania Women's Legislative Caucus. In 1999 she was appointed to the national Minority Aids Commission.

Superintendent Leftridge Byrd is immediate past chair of the American Correctional Association's Women Working in Corrections Committee and is immediate past president of the National Association on Programs for Female Offenders. She has served on a national working group on unintended consequences experienced by children and families of incarcerated men and women. In addition, she was identified to work with a group of professionals on rewriting curriculum on Critical Issues in Managing Women Offenders and has served as expert witness and consultant on litigation related to cross gender supervision, and programs for women offenders.

During her address in 2002, Ms. Leftridge Byrd was very proud to tell the convention body that she is Mary and Clifton's daughter; Clifton, Justin, Aly and Melynee's aunt; Embria's wife; Kristyn, Clifton, and Lynda's sister; and that she has 1,100 sons that she takes care of 24 hours of every day.

Wanda Filer, MD

Wanda Filer, MD, is a family physician in York, Pennsylvania. She is the founder of the Strategic Health Institute, an organization devoted to health improvement by collaborative projects which build solid public policy through research, advocacy, and media initiatives. In this capacity, Dr. Filer serves



as a health consultant for many organizations including WGAL-TV 8, Lancaster, PA. The 5 PM nightly news commentary she presents on television reaches more than one million viewers. Her HealthFiles pieces are in the process of being nationally syndicated.

She has a particular interest in improving the healthcare response to domestic violence and sexual assault in this country. Improving care for underserved and at-risk populations, as well as women's health, are strong areas of her professional focus. These, and her other HealthFiles topics may be accessed at www.drfiler.com.

Dr. Filer graduated from Gannon University in Erie and Hahnemann University in Philadelphia. She is the VP/President-Elect of the Pennsylvania Academy of Family Physicians and is a member of numerous organizations. She is currently working with the American Cancer Society of Pennsylvania, as VP/President Elect and the Colorectal Cancer Initiative legislative/advocacy chair to ensure passage of legislation that will cover screening tests for Pennsylvanians.

Dr. Filer is one of five individuals leading the Pennsylvania Domestic Violence Response Healthcare Standards project. The 2002 Athena Award given by the York County Chamber of Commerce is one of many recognitions that she has received. She has the distinction of being named the first Physician General of Pennsylvania in the administration of Governor Tom Ridge.

Dr. Filer is married to Robert Filer, MD, a fertility specialist, and they have two daughters – Katie, age 13, and Becky, age 12 – and two golden retrievers.

2003 CONVENTION SCHEDULE PREVIEW

Friday, June 6:

- Dinner on Your Own
- 6:00-9:00 - Registration / Book donations
- 6:30-9:00 - Scholarship Shop
- 7:00-7:30 - First-Timers' Orientation
- 7:45-8:45 - Light Workshops
- 7:30-9:30 - Informal Fellowship
- 8:00-8:30 - Song Fest
- 8:45-9:45 - State Choral Ensemble Rehearsal

Saturday, June 7:

- 7:00-8:00 - Continental Breakfast (ticketed)
- 7:30-8:30 - Scholarship Shop
- State Choral Ensemble Rehearsal
- 8:00-12:00 - Registration / Book Donations
- 8:00-8:30 - Executive Board Meeting (State Officers, Past State Presidents, Chapter Presidents)
- 8:45-10:45 - 1st General Session
- 10:45-12:00 - Scholarship Shop
- 10:45-4:30 - State Committees - Info Fair
- 11:00-12:00 - Workshops
- 12:15-2:45 - Celebration (Birthday) Luncheon (ticketed)
- Keynote Address- Mrs. Jean Gray
- Birthday Chapters' Tribute
- Album of Distinction Presentations
- 2:45-3:30 - Chapter Presidents' Rehearsal (or immediately following the luncheon)
- 2:45-5:00 - Scholarship Shop
- 3:30-4:30 - Workshops
- 4:45 - Raffle Bag Drawing
- 5:45 - State Choral Ensemble Rehearsal
- 6:00 - Installation of 2003-2005 State Officers
- 6:45 - Founders' and Presidents' Banquet (ticketed)
- Presentation of Chapter Presidents
- Dinner
- State Honorary Members Initiation
- Remarks - Mrs. Jean Gray
- State Achievement Award
- Entertainment - "Earth Rhythms"
- Reception

Sunday, June 8:

- 7:00-7:45 - Catholic & Protestant Church Services
- 8:00-8:45 - Celebration of Life Service
- 9:00-10:00 - Honors Breakfast (ticketed)
- 10:00-11:30 - Scholarship Awards
- Executive Board Meeting
- 2nd General Session
- 11:30 - Adjournment
- 11:30-12:00 - State Officers' meeting

Happy Birthday

The following Alpha Alpha State Chapters will be honored at the Birthday Luncheon, Saturday, June 7, 2003 at the Harrisburg/Hershey Marriott.

65 years
Alpha
Beta

45 years
Beta Zeta

55 years
Phi
Chi
Psi

40 years
Beta Theta
Beta Iota

Omega
Alpha Alpha
Alpha Beta
Alpha Gamma
Alpha Delta

35 years
Beta Mu
Beta Nu

25 years
Beta Pi

"Earth Rhythms" Workshop

by Shirley Newhart, Visual & Performing Arts Chair

"Earth Rhythms" will present a workshop on Saturday morning entitled Living in the Rhythm. This educational program will take you on a journey of sounds and rhythms from ancient Australia to Africa and beyond. Using world drums, percussion, storytelling and movement, Mark Seaman (owner and operator of Earth Rhythms) and Karen Murchie (South African born artist, hand drummer, storyteller, and puppeteer) will use group participation to create a global rhythm ensemble. As a participant, you will have a hands-on opportunity to play rhythms found throughout the world.



Karen Murchie and Mark Seaman will present *Living in the Rhythm* workshop on Saturday morning.

Saturday morning workshop participants into the performance. This will be fun!

Building community, working toward increased cooperation and teamwork are the themes of this workshop. Did you know that drumming could be a form of stress management? You won't want to miss this one! Mark and Karen will also have instruments available for purchase at their kiosk all day for those who are interested. They will also serve as our entertainment portion of the Founder's Banquet on Saturday evening, incorporating our

Thumbnail Sketch for State Convention Visual and Performing Arts Committee, Harrisburg Marriott, June 6-8

- Friday night sing along
- State Choral Ensemble
- Saturday workshop on building relationships through world music and drumming presented by "Earth Rhythms" from Lancaster, PA
- Saturday evening entertainment/presentation/group participation with "Earth Rhythms"
- Sunday AM Celebration of Life service with Trinity Liturgical Dancers from Camp Hill participating



LOOKING FOR WOMEN WHO LOVE TO SING AND HAVE FUN!

It's that time again ladies...Our Visual and Performing Arts Chair, Shirley Newhart, is seeking members who would like to serve as the State Choral Ensemble for the Alpha Alpha State Convention in Harrisburg on June 6, 7, & 8. If you are interested, please complete the form below and mail it by May 23, 2003 to:

Shirley Newhart



Name _____

Address _____

Phone _____

Instrument(s) you play _____

Vocal Part S1 S2 A1 A2

Program Challenges

by Carol Ulrich,
Program Chairman

Congratulations, chapter program chairmen on your first year of program planning. As the spring weather arrives a new year of planning is before you. Please do use the new program manual from International. It has so many ideas. I also encourage you to use the team approach in planning. Include your program team of Professional Affairs, Personal Growth and Services, Research, Visual and Performing Arts, US Forum and Projects. Brainstorming with this group will bring a well-rounded program year for your chapter.

Another tool for planning is a small book I found several years ago called *FISH* from Charthouse. The fish philosophy presented in this book is worthy of use in planning any program or in working with people whether they are your committee or your entire chapter. *FISH* is an acronym for **Fresh Ideas Start Here**. It is based on the high level of energy found in the Pike Place Fish Market in Seattle and how the fish philosophy was used to transform a "toxic waste dump" department in a business firm. The four basic premises are that we choose our **attitude**, we need to **be present**, we need to **play** and we need to **make their day**, which refers to our clients or chapter members. The book is a quick read and could be a launching for your program year. You can get additional information on line at www.fishphilosophy.com.

Remember that your state Program committee is available to assist in any of your program needs. Good luck with your planning!

Projects

by Haddie Weber, State Projects Chairman

A great big thank you to all the chapters who are supporting the state projects of the ABC Quilts and Parents Anonymous.

This year several chapters have already sent or brought quilts to me to distribute to the area coordinator who has taken them to Children's Hospital and Mercy Hospital. At the present time our chapters have made almost one hundred quilts. Chapters, keep up this wonderful work! I am looking forward to seeing you at convention with your armloads of quilts for these needy children.

I have received a letter from our area coordinator in which a mother wants to thank someone for making a quilt and giving a blanket of love to her child. The label said Ms. Jean from Muro, Pa. We were unable to locate Muro on the map. Maybe it was misread and it should have been Mars, Pa or ??? So if you signed your label, would you please contact me? Thank you.

Our projects with Parents Anonymous - assembling packets and supporting the Blue Ribbon Campaign - is ongoing.

Alpha Alpha State Convention Project:

Bring children's books - one, two, or as many as you want. Each book that you donate will have a label inside stating "Donated by Delta Kappa Gamma, Alpha Alpha State." The Family Literacy Program throughout the state will then distribute these books.

This project came about when our president was at the International Convention at Little Rock and members attending brought books to convention. These books were donated to the Arkansas State Library. Our president was thrilled with this and wanted our state to do something similar for Pennsylvania. Contacts were made with Parents Anonymous. They in turn put me in contact with the Family Literacy Program. This group's mission is to provide a "home library for every family". There are 67 state locations in which the Family Literacy Program functions. So when you bring the children's books to convention these books will be distributed throughout the Commonwealth.

I know that your chapters will be very generous in this project. We are looking forward to being buried with children's books!

If you have any questions you may contact Haddie at:

[REDACTED]





THE LEGISLATIVE LINK

by Pat Shedlock, U.S. Forum State Liaison

LOCATION, LEGISLATION AND LEGACIES

LOCATION

CHECK IT OUT: Informative website:

<http://capwiz.com/cdf/mlm/>

This site has information on:

Congress and the President	Guide to the Media
Action Alert	Today's House Schedule
State Officials	Today's Senate Schedule
Local Officials	Mega-Vote- get
Issues and Legislation	Representatives votes by e-mail, weekly

PENDING LEGISLATION

30 and Out

Three bills containing 30 and out retirement legislation have been introduced so far; two in the House and one in the Senate.

LEGACIES

Pennsylvania's First Women Representatives
(continued from Legislative Link article in the Winter issue of *The Keystoneian*)

5. Helen Grimes (R) Allegheny 1923-30

Ms. Grimes was the first woman to address the House of Representatives. She was complimented on her effective reading of parts of Abraham Lincoln's second inaugural address. She was born in Pittsburgh.

6. Lillie H. Pitts (R) Philadelphia 1923-32

Ms. Pitts graduated from the Wilkes-Barre Female Institute and later from West Walnut St. Seminary in Philadelphia.

7. Martha G. Speiser (R) Philadelphia 1923-24

Martha was born in Ireland in 1884 and educated in the Philadelphia public schools. She and her husband, Rep. Maurice Speiser, were active in the arts community. They hosted musicians, painters, and writers in their home. She donated a Modigliani sculpture to the Philadelphia Museum of Art. She also contributed works to the Museum of Modern Art in New York.

8. Martha G. Thomas (R) Chester 1923-26

Thomas was the joint owner of a 200 acre piece of farmland, part of the original tract bought from William Penn by the first Thomas family members who arrived in the colonies.

Born in 1869, she earned a degree from Bryn Mawr College. She was a member of the Women's Committee for the Council of National Defense for Chester County; chairman of the Chester County War Loan Organization; Vice President, PA League of Girl's Clubs; Vice President, League of Women Voters, Chester County; and Treasurer, PA League of Women Voters.

In the first election allowing women candidates in 1922, reporters noted... "only the women seemed active and did much work in getting out voters, and conducting automobiles in true campaign style; while many were early at the voting places and cast the first votes... as a result early returns indicated women may figure among the winners." *

*History of Women in the Pennsylvania House of Representatives 1923-2000

by Jeanne H. Schmedlen

League of Women Voters.

AREA MEETINGS – 2003

Save these dates!

Details available at convention and in the summer issue of *The Keystoneian*.

August 13, 2003 - Keystone College-LaPlume, PA

Hosted by Beta Rho, Phi, Pi, Alpha Zeta, Omicron, Mu, Sigma, Tau, Beta Nu

August 13, 2003 - Lake Redman-York, PA

Hosted by Eta, Beta Beta, Beta Gamma, Beta Delta, Beta Kappa, Omega

The Delta Kappa Gamma Society International
Lodging Reservation Form
Alpha Alpha State
Convention and Executive Board
June 6 - 8, 2003

This form is to be sent directly to The Harrisburg - Hershey Marriott.
For phone reservations, be sure to mention our
ΔΚΓ Society ID: # DKGO

The Harrisburg - Hershey Marriott
4650 Lindle Road
Harrisburg, PA 17111
(717) 564-5511 or (800) 343-5982 (Reservations Only)
FAX: (717) 564-2476

ΔΚΓ Realities



Reservation Request
Please Print

Check-in time: 3:00 PM

Check-out time: 11:00 A.M.

Arrival Date _____

Departure Date _____

Name _____

Address _____ Phone (____) _____

City _____ State _____ Zip Code _____

Rooming with _____ ☐ one bed ☐ two beds

Special Requests _____ Email _____

All reservations are held until 6:00 PM. If you will be arriving after 6:00 PM, we will require a guarantee of either a major credit card number or advance deposit in the amount of one night's room and tax. ~~48~~ ⁷² hour advance notice is required for cancellations.

Guarantee: Deposit Amount _____

Or

Credit Card Name / Number _____ Expiration Date _____

Room Rates (add 9% occupancy tax):

Single:	\$ 99.00 per night
Double:	\$ 109.00 per night
Triple:	\$109.00 per night
Quad:	\$109.00 per night



RESERVATION DEADLINE: MAY 6, 2003 - There are a limited number of rooms in our block, so please reserve early. Rooms are available on a first come, first served basis.

NEWS FROM THE CHAPTERS

World Fellowship Students Visit Alpha Rho

The World Fellowship Committee had a TRUE feeling of world fellowship when it hosted students from several countries. Mary Ann Hopkins, Alpha Rho, an English teacher at Wyoming Seminary Upper School in Kingston, introduced her students who then spoke of the education and lifestyle in their home country. They dressed in their native apparel and eloquently answered all questions put to them. Alpha Rho members further enjoyed the company of one of the students (per table) at dinner for informal chit-chat. One important fact the girls agreed upon was their love of the freedom they felt in America, something many Americans take for granted!

Submitted with photo by Florence Sherwood



Pictured L-R are: Jing Jing He - China (now Washington, D.C.); Mary Ann Hopkins, Alpha Rho; Mahnaz Rahman - Aramco, Saudi Arabia; Hon. Phyllis Mundy, Alpha Rho; Priya Surcar - Bangalore, India; Jyotsna Ram - Mumbai, India; Sreemoyee Sen - Mumbai, India.

Omicron



Omicron members (L-R) Sue Grossman, Cindy Clark, and Ginny Springman pack boxes for their chapter service project.

Members of the Delta Kappa Gamma Society wrap shoeboxes to be delivered to the battered women's shelter in Williamsport. The Society put together 50 shoeboxes filled with various useful items needed for women and children such as personal care products, books, and small toys.

Submitted with photo by Michelle Hopkins, Communications Chairman

Xi



Recently initiated into Xi Chapter were (L-R) Ann Murphy, Rosie Derr, and Roseann Klees.

Xi



On March 2, 2002, Xi Chapter members had an unexpected visitor at Hoss's Restaurant in Cressona. The Cat in the Hat joined the ladies for Read Across America Day. As an activity to celebrate reading and to encourage involvement in Delta Kappa Gamma, the cat read the Dr. Seuss favorite, *Oh, the Places You'll Go!*, while the members passed surprise gifts around the room each time the word YOU was read. The lucky winners went home with Wal-Mart and Waldenbook gift certificates.

Submitted with photos by Nancy Jones, Xi Chapter

Erie Tri-Chapter Meeting



Representing Alpha Alpha State at the Erie Tri-Chapter Meeting was Carolyn Sutton, Corresponding Secretary, shown here with chapter presidents Paulie Melquist, Gamma; Jan Bondanella, Alpha Iota; Carolyn; and Julie Borst, Alpha Omega. Members participated in a Chinese auction, basket raffle and charity donation.

Submitted with photo by Loretta Baran, Alpha Iota

NEWS FROM THE CHAPTERS

Psi Members Create Chapter Memory Quilt

Brockway Psi chapter members Barb Clark and Karen Ball, created a memory quilt which was signed by all chapter members at the September meeting. The members signed their names and years of induction. The red, white, and blue quilt had inscriptions that read "God Bless America" and "Delta Kappa Gamma." Gold stars highlight the signatures of charter members and silver stars with signatures denote current and past presidents of the chapter. The quilt, which was acquired by bid at the meeting's



Barb Clark (left) and Karen Ball display the quilt they created for a recruitment grant fundraiser.

silent auction, was part of the annual ways and means activities at the October 2002 meeting as a fundraiser for recruitment grants. President Libby Shindledecker won the bid for the quilt and then donated the quilt to the chapter, saying that as each new class is inducted, these sisters will add their names and year to the quilt.

This quilt showcases the creative talents of its members and generous spirit of its leadership. Psi, in its 55th year, now has a unique, on-going history of its membership.

Submitted with photo by Barbara Emmer

Alpha Nu Benefits from Safety Instruction

When you have to wait two years for a speaker, you might wonder if the program will be worth the wait. Sisters of Alpha Nu Chapter found that it was. How fortunate for our chapter that an internationally-known speaker who lives locally in the Bucks County area had as his motto "Saving Lives Through Education," a motto applicable to Delta Kappa Gamma members near and far! In a program entitled "Living Safely in a Dangerous World," Mr. Charles Denney, CEO of Infinity Worldwide Training and president of the National Association of Safety Trainers, energized our membership at our recent October meeting with a fact-filled presentation.

Previously featured on various network talk shows and four times named National Speaker of the year by the Citizens Against Crime group, Charles' "fast-talking Southern pitch" gave us timely insights. His light-hearted presentation provided us with school and classroom safety tips. Through demonstrations with members present, he addressed personal safety on the homefront as well as for travelers, with a slant relevant to women's perspectives.

Although Mr. Denney's presentation was compressed into a fifty-minute delivery for our chapter, he does speak to large groups and has about a two-hour program which he gives for school district in-service programs. We can all benefit from networking to access meaningful programs for our membership.



Mr. Charles Denney demonstrates safety technique with Alpha Nu member, Geraldine Sproesser.

*Article by Kathleen Simmons.
Submitted with photo by Peggy Diefenderfer,
Alpha Nu President*

Alpha Alpha State Welcomes



Beta

Mrs. Lori M. Koehler
Mrs. Heather L. Russo

Delta

Dr. Mary-Claire C. Brown
Ms. Paula Laughlin
Mrs. Judith A. Malibch
Dr. Judith I. Simons

Eta

Mrs. Ruth E. Bachman
Mrs. Cathy L. Bair
Mrs. Nancy W. Eimerbrink
Mrs. Elizabeth M. Eisenhart
Mrs. Gidget J. Felty
Mrs. Janet M. Fitch
Mrs. Elizabeth Ness
Mrs. Kimberly L. Richard

Theta

Ms. Gina L. Robinson

Iota

Ms. Norma J. Biesecker

Kappa

Mrs. Eileen B. McColgan

Lambda

Mrs. Novelle H. Donovan

Nu

Mrs. Marianne T. Bartley
Mrs. April M. Hershey
Mrs. Joy L. Longenecker
Mrs. Kathleen McFeaters
Mrs. Annetta J. D. Wells

Xi

Mrs. Rosemarie T. Derr
Mrs. Roseann D. Klees
Miss Anne M. Murphy
Mrs. Sally A. Novack

Omicron

Mrs. Roxann M. Laird
Mrs. Lynne D. Phillips

Pi

Mrs. Joan A. Martin

Tau

Ms. Patricia A. Kozick
Mrs. Charlene Meckes
Ms. Lovey Woronowicz

Upsilon

Ms. Connie D. Blair
Ms. Nancy J. Fondrk
Mrs. Lorraine Hoffman
Mrs. Syble K. Wasilowski
Mrs. Anita S. Zanke
Mrs. Marcia E. Zaremski

Chi

Ms. Robin W. Harnish
Miss Ronda B. Miller
Mrs. Randa C. Rineer
Ms. Sandra L. Rothfus

Psi

Mrs. Debra S. Britton
Miss Kimberly S. Gluczyk
Ms. Julia M. Gutowski
Mrs. Mary K. Keister
Miss Yvonne M. Lundberg
Mrs. Jacqueline L. Sanko
Mrs. Barbara J. Smith
Mrs. Janet L. Sullivan
Ms. Lynn M. Williams

Omega

Ms. Candice K. Case
Mrs. Kristin L. Fluman
Mrs. Kimberly A. Robison
Mrs. Pamela Shaffer

Alpha Alpha

Mrs. Katherine L. Heller
Mrs. Sandra M. Ivey
Miss Tracy A. Strohl

Alpha Delta

Mrs. Susan B. Centi
Mrs. Janet M. Shockey
Mrs. Sondra L. Smith

New members are recognized in this column upon notification of the state treasurer, Linda Fisher. Names are then submitted to The Keystonean editor for publication.

New Members

Alpha Epsilon

Ms. Ann E. Kinnunen
Mrs. Patricia A. Neidich
Mrs. Paulette J. Phillips
Mrs. Laura A. Robinson
Mrs. Christine A. Snow

Alpha Zeta

Mrs. Janice M. Barrett
Mrs. Beth S. Carman
Mrs. Mary A. Cole
Mrs. Naomi A. Edsell
Miss Rebecca Ferguson
Mrs. Mary E. Herman
Mrs. Marsha A. Krause
Mrs. Allyson B. Lenox
Ms. Karen K. Shultz
Mrs. Debra L. Stedje
Mrs. Deborah Wallitsch

Alpha Theta

Mrs. Stacey R. Henry
Ms. Karen L. Coulter
Mrs. Sandra A. Deforno

Alpha Mu

Mrs. Mary E. Ferry
Mrs. Janet Thompson

Alpha Nu

Mrs. Assunta F. Deliman

Alpha Sigma

Mrs. Marilyn J. Cook
Miss Jennifer Gardner
Mrs. Carol A. Stephens

Alpha Upsilon

Ms. Judith A. Bouch
Mrs. Kathleen K. Fouse
Mrs. Stacy McKeever

Alpha Phi

Mrs. Sandra T. Bergel
Ms. Jean Gillis
Mrs. Jean H. Kienzl
Mrs. Mary E. Ladick

Beta Alpha

Mrs. Janice L. Harman
Ms. Dorothy L. Raffaele

Beta Beta

Mrs. Pamela J. Kimber
Mrs. Eleanor A. Lawyer

Beta Gamma

Ms. Joanna S. Grim
Mrs. Karen L. Snyder

Beta Delta

Mrs. Deborah A. Becker
Mrs. Mary Ann Frey

Beta Epsilon

Mrs. Michelle L. Zitsch

Beta Zeta

Mrs. Phyllis K. Bednar

Beta Theta

Mrs. Vicki E. Delp
Mrs. Nancy L. Dougherty
Mrs. Teresa Govelovich

Beta Iota

Mrs. Patricia Bekelja
Ms. Hannah M. Belser
Miss Jody L. Livziey
Mrs. Diane M. Maclay
Mrs. Dorothy A. Oliver

Beta Kappa

Mrs. Linda J. McMullen
Mrs. Lynn M. Newman
Mrs. Tammy M. Stulles
Mrs. Terri L. Westfall

Beta Nu

Mrs. Jean M. Arrigoni
Mrs. Tracey A. Bilski
Mrs. Judy E. DeCapria
Mrs. Jane A. Dent
Mrs. Judy L. Rishel

Beta Xi

Ms. Barbara M. Hartle
Ms. Daneece A. Jones
Ms. Mary L. Troup

Beta Omicron

Ms. Teddi T. Wright

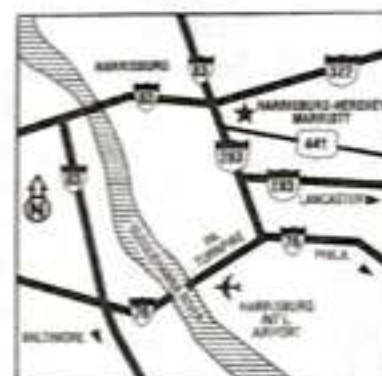
Beta Pi

Ms. Rachael Beck-Darnell
Ms. Judith Fogarty
Ms. Diane Landis
Ms. Barbara McElvogue
Dr. Margaret D. Stengel

Beta Rho

Ms. Rosario Charambura
Mrs. Kathy A. Roe
Mrs. Holly A. Snitzer

HARRISBURG-HERSHEY
Marriott



Directions to the Harrisburg-Hershey Marriott

From Philadelphia-Travel West on PA Turnpike to exit #19. Go North on I-283 for 1 mile. Take exit #2 (Swatara). Turn right and the Marriott will be on your left-hand side.

From Pittsburgh & Points West-Travel East on PA Turnpike (Route 76) to Exit #19. Go North on I-283 for 1 mile. Take Exit #2 (Swatara). Turn right and the Marriott will be on your left-hand side.

From State College-Follow Route 322 East to I-81 South. Take I-283 South for 1 mile. Take Exit #2 (Swatara). The Marriott will be on your left-hand side.

From Allentown/Bethlehem-Take 78 West to I-81 South to I-83 South to I-283 South. Take Exit #2 (Swatara). Turn left and the Marriott will be on your left-hand side.

From York-Take I-83 North to the PA Turnpike (Route 76). Travel East on the PA Turnpike to Exit #19. Go North on I-283 for 1 mile. Take Exit #2 (Swatara). Turn right and the Marriott will be on your left-hand side.

From Scranton-Take I-81 South to I-83 South to I-283 South. Take Exit #2 (Swatara). Turn left and the hotel will be on your left-hand side.

2003 Alpha Alpha State Convention Workshop Previews

Friday evening and Saturday afternoon

- ❖ **Arts Expression** – Patty Valentine, Alpha Beta. Learn a craft project with Patty.
- ❖ **Stress Reduction: Meditation for Beginners** – Linda Lubben, Delta. Dress comfortably and bring a mat or pillow to sit on. This workshop is for people who want to explore meditation as a means for dealing with stress.
- ❖ **Relaxing for the Health of It – Dr. Nora Porter** This workshop will be very informal. We will begin with some stress-related humor, always a great stress -reliever. We will then have a demonstration of some simple, yet quite effective yoga-type stretches, suitable for people in any physical condition and in any attire. We will end with a deep relaxation exercise which, coupled with BIODOTS (small biofeedback devices), will demonstrate the reality of stress and the importance of full relaxation for health and well-being.
- ❖ **Earth Rhythms** – An opportunity to learn drumming and rhythms while performing world music. Mark Seaman and Karen Murchie.
- ❖ **Building A Bridge Towards A More Peaceable Tomorrow: A Bully Prevention Program** – Christine Sobeck Weaver and Elizabeth Wills, Omega Chapter. – Based on a program used at the Gettysburg Middle School, the presenters will discuss the program goal used in their school to have every student feel safe and welcome in their building. Learn about successes, failures, and confusions as they attempt to be proactive about a nationwide problem.
- ❖ **Writing in the Classroom** – Carol Goodman, Beta Rho. – This is a hands-on writing experience for elementary and middle school teachers that can be used in any subject area. PSSA testing will be addressed.
- ❖ **A Schoolwide Approach to Career Awareness** – Carol Watts, Sigma. This presentation will outline a program of exciting Career Education activities aimed at students in the early grades. The purpose is to introduce children to the wide variety of careers open to them. It is also aimed at increasing student self-awareness of personal qualities and strengths, as well as showing the relationship between subjects they are presently learning and the skills they will need in the future, helping the students make the link between school and work.
- ❖ **Chapter Presidents' Workshop** – Louise Garverick, and Terri Stetler, Eta, Leadership Development Chair, Mrs. Jean Gray, International President – *General Information and Area Meeting planning*
- ❖ **Planning For, Living Through, Leading On** – Norina Bentzel, Beta Beta. – This workshop will address the need for planning and practicing for a school crisis as well as telling the story of living through one and moving forward in a positive way after it happened. My story, as the principal of North-Hopewell Winterstown Elementary School, is an emotional one about living through a violent attack involving my staff, my students, and myself. Since February 2, 2001 when a man entered my school wielding a machete, my school community and I have journeyed together down the life-altering road of tragedy and have been strengthened in many ways from it.
- ❖ **Mexican Cultural Travel/Study Application to Teaching** –Doris J. Grubb and Teresa Govelovich, Beta Theta. – Workshop attendees will experience travel highlights of Northern Mexico such as: the Governor's Palace in Chihuahua; Cave Dwellings of the Tarahumara Indians; the Copper Canyon, etc. Specific customs associated with Spanish speaking individuals will also be introduced. Knowledge of these customs will facilitate a learning environment in which there is cultural understanding between teachers and students.
- ❖ **To Everything There is a Season: Empowering the School Community to Help the Forgotten Grievers – Children** –Elizabeth Lengle, Sigma. How do children and adolescents grieve? What are their grief and mourning like? Do children and adolescents grieve in ways that are different from adults? What do we know or think we know about grieving children and adolescents? This experimental session will look at these issues and more. A resource packet will be provided to move you through the season of grief to HOPE!
- ❖ **The Importance of Mentoring New Teachers** – Terri Koehler, Beta Omicron. Education is facing a teacher shortage. Fewer young people are entering the profession and many new teachers leave within the first five years. This session is based on hands-on experience in the area of mentoring. Hear from a classroom teacher who is partially in charge of a district induction program on how the needs of new teachers are addressed.

Creations by George Ihnat



Jewelry Display Prepared

by Cynthia Kramer, Ihnat Jewelry Representative

A new display of Delta Kappa Gamma jewelry is being created for the state convention. Inventories will be on hand so members will not need to order by mail. The ring must be ordered to size properly. Please stop and see the available selection. Suggestions for new pieces are welcome!

Mr. Ihnat has graciously donated another charm for this convention. Please fill out the entry form to enter the drawing.

Pennsylvania has been granted permission to present the Delta Kappa Gamma jewelry at the Northeast Regional Conference at the Greenbrier in August. Application is being made to take the display to the Southeast Regional Conference at Raleigh, North Carolina.

The commission from the sale of all Delta Kappa Gamma jewelry benefits the Alpha Alpha State Organization Visionary Fund.

Next Keystoneian Deadline is: June 2, 2003

Preparing News Releases for State Publication

- ☐ Make certain news is timely.
- ☐ Give the relevant Ws and H – who, what, when, where, why and how - at the beginning of the article.
- ☐ Use plain short sentences with one idea to a sentence.
- ☐ Include interesting quotations by the news source.
- ☐ Double-check dates, times, places, and the spelling of names.
- ☐ Avoid editorializing or “coloring” with opinion.
- ☐ Submit the news by e-mail, fax, or snail-mail. E-mail is appreciated!
- ☐ Include information that might be of interest to Alpha Alpha State members.
- ☐ Understand that all copy may be edited.
- ☐ Meet the deadlines for newsletter production.
- ☐ Include your name, address, phone number and e-mail as the writer. Be sure to include the name of your chapter.



What about photos?

- ☐ Send only original photographs, no newspaper photos or copies of newspaper photos.
- ☐ Submit black and white glossy photos or color photos with clear contrast.
- ☐ Identify all people in the photo (left to right) and include several sentences about the photo on a separate piece of paper for a cutline.
- ☐ Avoid using paper clips or staples to attach photos to copy.
- ☐ Please provide a stamped, self-addressed envelope if you want the photo returned.

Thanks to all officers, committee chairs, and chapter correspondents who have submitted news to The Keystoneian during my first year as editor. Without YOU, there would be no state newsletter!

Terri Stetler, Keystoneian Editor